

SARA'S QUICK & EASY & YUMMY CHICKEN-CORN CHOWDER

3 boneless skinless chicken breast halves, cut in 1-1/2" cubes Sauté until lightly browned.
1 large onion, chopped
1 tbsp oil

2 med-large zucchini, halved lengthwise and sliced Add to above; bring to boil; simmer 20 minutes, until tender.
1-2 medium carrots, sliced
1 small potato, cut into 1/2 -1" cubes
1/2 tsp marjoram
3 cups water
1 tbsp (approx) veg bouillion

1 16 oz can creamed corn Add to above.
Fresh ground pepper

Heat thru and serve.

Note: You can add/substitute other veggies that you have on hand, such as green beans or spinach, but be sure to include the small potato and creamed corn for consistency. If you want to, you can put some of the cooked veggie mixture (remove chicken) in a blender or food processor– to make a thicker chowder.
