

## Cantaloupe Soup – Quick & Simple (ww adapted)

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2 cups cubed cantaloupe

$\frac{1}{2}$  cup orange/mango yogurt

1 small shallot, chopped

Puree in blender (food processor doesn't get it smooth enough).

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6 basil leaves, shredded

3 dashes hot pepper sauce

Add

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Chill at least 2 hours and serve. Yield: 2 servings (1  $\frac{1}{4}$  cup)

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The original recipe called for mango nectar. I use low carb yogurt instead so there is a lot less sugar, and it tastes and looks wonderful. Great to start off a summer supper.

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